

SA Health Metabolic Health Action Plan

Biomedical Measurement Trainer Expectations

November 2019

Thank you for agreeing to be a Metabolic Health and Biomedical Measurement Trainer. Through strategies of the metabolic health action plan and your commitment to improving the physical health of consumers of the Mental Health Directorates (MHD) and Services we hope to help make positive changes in consumers' lives.

As a trainer you will be expected to:

- Encourage all team members to complete the Introduction to cardio-metabolic health module on the LHNs learning platform.
- Train all medical staff and nurses in your teams in the biomedical measurement taking, according to the SA Health protocols and issue certificates.
- Maintain records of staff trained by sending in your record sheets to Annette Farrell Annette.Farrell@sa.gov.au at the MH Learning Centre.
- Educate your team regarding the SA Health Metabolic Health Action Plan, SA Health's commitment to the Equally Well program and requirements under the Fifth National Mental Health Plan standard five, and what that will mean for your team.
- Ensure in conjunction with your team leader that there are processes in place in your team to have a physical health assessment completed on each consumer very six months.
- Ensure that staff are aware that physical health assessments are to be recorded on the CBIS physical health assessment screen. Including requesting assessment results from GP's if assessments are completed in General Practice and recording/uploading this in the appropriate CBIS screens.
- Train any new nursing staff or agency nursing staff in biomedical measurement taking and issue certificates as they join the team.
- Train any medical staff in your team in biomedical measurement taking and issue certificates as they join the team.
- Be a resource person for your team as the SA Health Metabolic Health Action Plan and Equally Well strategies are rolled out across the MHD's and services.

For more information

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